

Endocrinology – Bedtime Salivary Cortisol Sample

Patient Information

Patient Name: _____

Date of Birth: _____ Sex: _____ NHI No.: _____

Date of Sample: _____ Time: _____ am / pm

Current Medication: _____

Clinical Information: Investigation for Cushing's syndrome
 Normal control

Test Procedure

AT BEDTIME

1. Pull off the cap of the salivette.
2. Place the cotton wool swab in your mouth. You may chew on it. (It is sterile and totally safe. Green top salivettes have a small amount of citric acid which has a sour taste to stimulate saliva flow).
3. When it is saturated with saliva (usually after 1 to 2 minutes) replace it in the salivette and replace cap.
4. Ensure that the salivette is labelled with your name and date of birth.
5. Complete the date, time and current medication details.

NOTES

- Refrigerate the sample and deliver it to Awanui Labs as soon as possible the next day.
- If stored at home for longer than two days, the sample should be frozen before delivering to Awanui Labs.

For enquiries, please contact:

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Reminder: Have you labelled the container?

If you require further information regarding your test procedure, please visit awanuilabs.co.nz and select your region