

## Urine Collection for Cytology

### About your Test

- Your health professional has requested tests that require you to collect a sample of your urine each day for 1, 2 or 3 days. Your health professional will clarify the number of samples required.
- You will need to obtain a specimen container, collection punnet and a collection bag from your health professional or from one of our collection centres. If you are required to collect 2 or 3 samples, you will require 2 or 3 containers and punnets. Each sample must be delivered to your health professional or one of our collection centres on the day collected.
- If you are unable to deliver the sample on the same day, you may be provided with specimen containers with a small amount of clear liquid fixative to preserve the sample (see warning below).

### Test Procedure

1. In the morning, pass urine into the toilet emptying your bladder completely.
2. Have a large drink of water then collect some of the next urine that you pass into the collection punnet provided.
3. Pour some of the urine from the punnet into the specimen container provided. Half fill (approximately) the specimen container with urine. Discard the remaining urine from the punnet into the toilet.
4. Screw the lid on the container firmly.
5. Write your full name, date of birth, and date and time of collection on the container label. Ensure all containers are labelled if there is more than one.
6. Store your sample in a cool place away from direct sunlight (not your fridge) and deliver to the laboratory or one of our collection centres as soon as possible.

**WARNING: The specimen container you are given may contain a clear fluid fixative of 50% Ethanol. The fixative is poisonous. Avoid contact with it, do not consume. Keep out of reach of children.**

**Reminder: Have you labelled the container?**

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If you require further information regarding your test procedure please telephone Southern Community Laboratories on 0800 101 444