

# SEMEN FOR FERTILITY



PHONE: 09 438 4714

## PATIENT INSTRUCTIONS

- Abstain from sexual intercourse for at least 3 days and not longer than 7 days prior to test.
- **DO NOT** use a condom or any form of lubricant.
- Obtain specimen by masturbation or withdrawal method.
- Collect the entire specimen into the container provided.
- **Keep the specimen at body temperature** (approx 37 degrees C), by wrapping it in a bag, and holding under your armpit or against your body.
- Ensure your **name** and **date of birth** are clearly written on the container
- Ensure the **date** and **time of collection** are written on the form.
- Return the specimen and request form **directly** to the **main Northland Pathology Collection Centre at:**

**11 Rust Avenue**, between the hours of:

- 8 am – 4.00 pm : Monday to Friday

- Specimens **MUST** be delivered **within 1 hour** of collection

**NOTE:** Please arrange to produce the specimen at the Northland Pathology Collection Centre, if the specimen cannot be delivered within 1 hour to this Collection center.

### Please complete the questionnaire below:

- Patients full name.....
- Date and time of collection.....
- Is this a complete specimen? Yes....No....
- Number of days since last ejaculation.....
- Specimen kept warm? Yes... No.....

**For further information, please call 09 438 4714**