



## Faeces Collection

For Culture, Ova and Parasites

### About your Test

- Your health professional has requested a test which requires you to collect one or more samples of your faeces.
- You will need to obtain a specimen container and a specimen bag from your health professional or from one of our collection centres.
- If you need to collect more than one sample you will need a separate container for each.

### Test Procedure

1. Pass faeces into a container (a clean 2 litre ice cream container is ideal).
2. Using the scoop, which is on the underside of the container lid, place a portion (about the size of a walnut), into the specimen container.
3. Screw the lid of the container down firmly.
4. Write your full name, date of birth, date and time you collected your sample on the container label. Place the container in the delivery bag with the request form in the front pocket.
5. Keep your sample in a cool place out of direct sunlight (not your fridge), and deliver as soon as possible to the laboratory or one of our collection centres.
6. If you have been asked to collect more than one specimen, collect each on a different day.

**Reminder: Have you labelled the container?**