

PATIENT INSTRUCTIONS

CANDIDA AURIS AND/OR CARBAPENEM-RESISTANT ACINETOBACTER (CRAB) SCREENING

**Plus anal swab specimen for carbapenem-resistant Acinetobacter (CRAB) screening if this required*

IMPORTANT – Specimen labelling and delivery: Ensure full first and last names, date of birth (dd/mm/yy), date of collection, and swab site (nasal or groin) are clearly written on the specimen tube. Return labelled swab (+/- request form) in the provided biohazard bag to the collection centre reception as soon as possible after specimen collection.

Axilla (armpit) swabbing procedure

1. Open package. Without removing the tube from the package, take off the white cap. Discard the cap.
2. Remove a swab from the package. Do not touch the soft tip or lay swab down.
3. With firm pressure rub both sides of the swab tip over skin surface in one armpit (swiping back and forth at least 5-10 times)
4. Repeat on the other armpit using the same swab.
5. Place the swab into a tube (with the gel at the bottom).
6. Remove the tube from the package and label with your full name, date of birth, date of collection, and swab site (axilla / armpit).

Groin swabbing procedure

1. Open package. Without removing the tube from the package, take off the white cap. Discard the cap.
2. Remove a swab from the package. Do not touch the soft tip or lay swab down.
3. Rotate the swab gently but firmly over the area on each side of the groin.
4. Place the swab into a tube (with the gel at the bottom).
5. Remove the tube from the package and label with your full name, date of birth, date of collection, and swab site (groin).