PATIENT INSTRUCTIONS



NASAL AND GROIN SWAB COLLECT FOR MRSA SCREENING

IMPORTANT – Specimen labelling and delivery: Ensure full first and last names, date of birth (dd/mm/yy), date of collection, and swab site (nasal or groin) are clearly written on the specimen tube. Return labelled swab (+/- request form) in the provided biohazard bag to the collection centre reception as soon as possible after specimen collection.

Nasal swabbing procedure

- 1. Open package. Without removing the tube from the package, take off the white cap. Discard the cap.
- 2. Remove a swab from the package. Do not touch the soft tip or lay swab down.
- 3. Gently rotate the swab around the inner surface of the nostril.
- 4. Repeat on the other nostril using the same swab.
- 5. Place the swab into a tube (with the gel at the bottom).
- 6. Remove the tube from the package and label with your full name, date of birth, date of collection, and swab site (nasal).

Groin swabbing procedure

- 1. Open package. Without removing the tube from the package, take off the white cap. Discard the cap.
- 2. Remove a swab from the package. Do not touch the soft tip or lay swab down.
- 3. Rotate the swab gently but firmly over the area on each side of the groin.
- 4. Place the swab into a tube (with the gel at the bottom).
- 5. Remove the tube from the package and label with your full name, date of birth, date of collection, and swab site (groin).

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