

SEMEN FOR FERTILITY



PHONE: 09 574 7399

PATIENT INSTRUCTIONS

- Abstain from sexual activity, including masturbation, for at least 3 days and not longer than 7 days prior to collecting your sample.
- **DO NOT** use a condom or any form of lubricant.
- Obtain specimen by masturbation or withdrawal method.
- Collect the entire specimen into the container provided.
- Ensure your **name** and **date of birth** are clearly written on the container
- Ensure the **date** and **time of collection** are written on the request form.
- Please keep your specimen warm (at body temperature - approx. 37 degrees C) and deliver to the laboratory **within 1 hour of collection**.
- **Labtests laboratory, 37-41 Carbine Road, Mt Wellington:** samples can be delivered between the hours of:
 - 7 am – 3.30 pm : Monday to Friday
 - 8 am – 12 noon : Saturday
- Please Note: We are unable to accept specimens on Sunday or Public Holidays.

For further information, please call 09 574 7399