

Information Guide for Recipient of BBFE

- Please take this sheet to give to your nominated Medical or Occupational Health Practitioner when you see them to follow-up on your results from the Blood/Body Fluid Exposure incident.
- Please note that you are responsible for your own medical follow-up including any repeat testing that may be required following advice from your Medical Practitioner.

Dear Doctor / Occupational Health Practitioner,

The person presenting to you, has been accidentally exposed to blood or body fluids. They have chosen to come to you for appropriate follow-up. In the interests of time, baseline viral testing has likely already been initiated on their blood.

As a guideline, the following is usually required and blood samples probably already tested (if consented):

- **Baseline tests (provided consent was given) for**
 - Hepatitis B surface antibody
 - Hepatitis B surface antigen
 - Hepatitis C antibody
 - HIV antigen/antibody

Note: these tests should have already been tested and reported or be available to aid the follow up process

- **Appropriate medical follow up by you, and post exposure management if indicated - see references below.**

Our Clinical Microbiologists, or an Infectious Diseases Physician, should be contacted if any advice or clarifications are required. Where the Source is known Hepatitis B or C positive phone Infectious Diseases Physician or Clinical Microbiologist for advice regarding management.

Note: The Canterbury SCL Service would usually co-ordinate the blood testing of the Source for this exposure, if known and if consent was given. Suggestions in the test result report may be included if any specific additional follow up is required based on the test results available.

If follow up testing is required, **the final follow up would usually be six months after the body fluid exposure incident.**

If you do not receive any results or contact within 48 hours of the exposure please contact the Microbiology/Immunology Service at Canterbury SCL.

Useful References:

Bloodborne Infectious Diseases CDC Management and Treatment Guidelines:

<http://www.cdc.gov/niosh/topics/bbp/guidelines.html> (note **PEP Steps, A Quick Guide to Postexposure Prophylaxis**)

Management of Acute HCV infection (IDSA):

<http://www.hcvguidelines.org/full-report/management-acute-hcv-infection>